



Where In The World?

The food in our shops comes from all over the world. Some food is produced locally. Local means close by. Local food is food from the same area. It could be from the same village or town. It has not travelled far. Markets, butchers and bakeries sell local food. Local food is very fresh. It tastes very good. It is usually ready to eat.

R: Complete the sentence by circling the correct answer. Local food is...

Food from the same country

Food from the same area

Food from another country

R: Where can you buy local food?

Some of our food travels a little further. It is not local. It is from another area. Food from the same country travels on lorries. It is still very fresh. It still tastes very good. Food from other areas is sold in bigger shops. Supermarkets sell food from other areas.

R: How does food from the same country get to the shops? Circle the correct answer.

By plane

By lorry

By boat

Some of our food comes from other countries. This food travels a long way. It is flown on planes. Then it travels on lorries. It takes a long time for the food to get to the shops. The food has stay fresh all that time. Fruit is picked before it is ripe. It ripens while it is travelling. It can lose some of its taste, but it still tastes good. Other food

might be kept very cold to keep it fresh. It may be frozen. Supermarkets sell food from all over the world.

E: Why does it take a long time for food from another country to get to the shops here?

E: How do they keep the food fresh while it is travelling?

The distance food travels is called food miles. It is better for us to eat local food. It is better for the environment too.

V: What are 'food miles'?