

# HAMMER THROWING

# MATILDA

## Questions

1. Why do you think the author has included the **Did You Know...?** box?

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2. Why do you think athletes spin multiple times before throwing the hammer?

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3. Find and copy one word which means the same as 'happened for the first time'.

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4. Summarise what this text is about in 25 words or fewer.

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8 In the book 'Matilda', Miss Trunchbull is an  
13 Olympic hammer thrower. Hammer throwing  
22 is a sport in which athletes compete to throw  
31 the hammer (a metal ball attached to a steel  
40 wire) as far as they can inside a designated  
47 area. Throwers usually spin three or four  
52 times before releasing the hammer.

60 To be successful, hammer throwers need to be  
67 strong, speedy and co-ordinated so they can  
74 get enough power and force into throwing  
79 the hammer a long way.

86 It is thought the hammer throw originated  
93 from games taking place around 2000 BC,  
100 when a warrior whirled a chariot wheel  
108 around his head and threw it a great  
109 distance.

### Did You Know...?

Hammer throwing has been an Olympic sport since 1900.

112  
118  
121

Extract written by Twinkl



ROALD DAHL



# HAMMER THROWING

# MATILDA

## Answers

1. Why do you think the author has included the **Did You Know...?** box?

**Pupils' own responses, such as: I think the author has included the Did You Know...? box to provide an interesting fact. They have used a sub-heading to help section the information for the reader.**

2. Why do you think athletes spin multiple times before throwing the hammer?

**Pupils' own responses, such as: I think athletes need to spin multiple times before throwing the hammer to create enough power and force as they can so that it can travel further.**

3. Find and copy one word which means the same as 'happened for the first time'.

**originated**

4. Summarise what this text is about in 25 words or fewer.

**Pupils' own responses, such as: Hammer throwing is a sport in which athletes throw the hammer as far as they can, based on an event that happened many years ago.**

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