

# St Nicolas' CE Combined School Newsletter

Jesus said, 'I am the vine and you are the branches'



## Friday 20th June 2025 Sports Day and Summer Fair



## Sports Day and Summer Fair

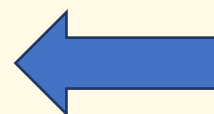


### Pupil quote of the week

"I love sports day, the best bit was getting the lollies after the races!"

100%	Perfection
98%	Impressive
97%	Very good
96%	Good
95%	Nearly there
94%	Needs to improve
<94%	Poor

### Attendance matters



Attendance for this week was a very good **97.2%**



### Reading at St Nic's

Taking reading outdoors...

This year's national summer reading challenge starts on the 21<sup>st</sup> June.

Children can set their own goals for reading over the summer and earn digital rewards.

Sign up for this year's summer holiday reading challenge – either online or at your local library.

[www.summerreadingchallenge.org.uk](http://www.summerreadingchallenge.org.uk)



## Resolving problems and putting in boundaries

In school, we nurture children's resilience and independence. We thought you might find it helpful to see how we help them to resolve playground issues and build healthy friendships:

### Resolving a problem at playtime

1. At playtimes include others.
2. Ask if not sure about a game. Listen calmly, be clear and honest.
3. Explain if you are leaving a game.
4. Let others know if you do not like what they do or say. Include how this makes you feel.
5. If they continue – walk away.
6. If they follow and continue tell a teacher/teaching assistant/ lunchtime supervisor. Say 'We've tried to sort out a problem, but we need help.'
7. Lunchtime supervisor/ teaching assistant inform class teacher.
8. If other children try to get involved say thank you for trying to help. Make it clear to them that you are trying to sort out a problem.

Think about how our actions affect others both friends/children and adults/teachers. This is called empathy.

**We want to be kind and respectful to everyone.**



This term, the School Council have worked together to develop the guidelines below and we had an assembly about them. Please read through with your child and encourage them to use the strategies.

## What can you do when another child does or says something to you that you do not like?

1. Tell them to stop and that you do not like it.
2. Take a minute to check how you feel and what to say (breathe!)
3. Try to sort it out by explaining:

**'I didn't like it when ...**

**It made me feel ...**

**I would prefer it if ...'**

4. This is putting in a **boundary**, so you know what to expect. A boundary makes us feel safe and it is important to tell others what that boundary is, so they know and respect it. **(Is it ok or not ok?)**
5. If they will not listen, walk away and try again later that day.
6. You may want to ask an adult to help.
7. You may help someone else because you see it happening.
8. If the other child keeps repeating what you do not like, tell an adult.

## What if you are the child being told?

You need to listen carefully and respond to show you understand:

**'I heard that you didn't like....**

**It made me feel...**

**I am sorry...'**

Do this and we will grow to have healthy friendships.

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## Sports Day results

Congratulations to the **Tigers** for winning KS1 and **Lions** for being KS2 Champions!

## Busy Bunch

This week at Busy Bunch we celebrated Sports Day



## Coming up:

Next week's theme is Summer.

## Early Years and Key Stage 1 Concert

We are holding a short concert on Thursday 26<sup>th</sup> June in the school hall for our Early Years and KS 1 children. All the children will be singing and you will have the chance to hear the ukulele group, the choir and the year 2 recorders. We hope you will be able to join us in the school hall at 2.15pm for approximately half an hour.

## Elm Class

### Assembly

We are excited to invite Year 1 parents and carers to join us for their class assembly on Wednesday 25<sup>th</sup> June at 9.00am

## Young Climate Warriors

Climate change is causing more 'extreme and unpredictable weather' like too much water – flooding, or too little water – droughts.

By 2040, the UN estimates that one in four children will be living in areas of extremely high water-stress.

Over 1.9 billion people rely on the water that flows from Himalayan glaciers – including for drinking, agriculture and energy.

Learn more about climate change and water with this [WaterAid video](#).

**Do we take water for granted? Are you up for a Bathroom Water Blitz?**

How much water do you reckon you use in a week? The UK average is 140 litres a day!!! Yet in Mali people have to survive on 11 litres a day.

A typical bath uses 80 litres of water. Join in with the Bathroom Water Blitz! Swap to a shower – as long as it's not super long – and save a huge amount of water.

What's your favourite 'sustainable showering song'? Just the right length to keep your shower nice and short. Let us know and we'll add it to our **'Sustainable Showering Songs' playlist!** #climateactioncountdown, #youngclimatewarriors

Join in with this Climate Action Countdown challenge!

When you've completed this challenge ... Remember to hit the red button!

THE CLIMATE ACTION COUNTDOWN 23RD - 27TH JUNE 2023

YOUNG CLIMATE WARRIORS



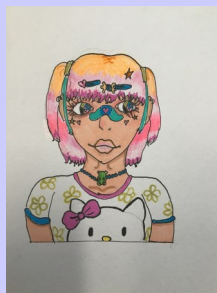
Check out our **'Sustainable Showering Songs' Spotify playlist** – full of suggestions from other Young Climate Warriors just like you!



[www.youngclimatewarriors.org](http://www.youngclimatewarriors.org)

## Fir Class

Year 6 have entered a competition to choose the next online champion to support children's learning for Digital Matters. Their characters are based on a sketch, following a video tutorial. There is an exciting prize to be won for the lucky winner. Here are some of the fabulous examples.



## Fir Class – Creative Day

Year 6 had a creative day to make all the props for the Y6 production. It was messy but very productive and fun was had by all.



## And finally...

**Thank you** to everyone involved in planning and running today's big events especially Mrs Cross, all the staff and Y6 for an exciting Sports Day, and our **amazing PTA and volunteers to whom we extend a heartfelt thank you** on behalf of the children for the fabulous fun and for making lovely memories. If you were not able to volunteer this time, please pledge 30 minutes of your time asap for the Christmas Fair on Saturday 22nd November. Many hands etc...

Enjoy your weekend!

*Ms Holmes and the St Nic's team*



# PTA and Community News

## DROWNING PREVENTION WEEK



14-21 JUNE  
2025



The Royal Lifesaving Society Child Drowning Update (Sept 2024) sadly reports that the number of child drowning deaths has doubled, with 125 child fatalities in England across the last four years. 51 children drowned in inland open water. 16% of these were aged 5-12 years old and 41% were 13-17 years old.

The Royal Life Saving Society's (RLSS) campaign is designed to explore a multitude of opportunities to proactively raise awareness of water safety ahead of a summer outdoors. Starting in May, through the summer, the risk to the public through accidental drowning increases significantly - DPW is critical in raising awareness and encouraging the public to enjoy water safely.

Every young person should have access to water safety skills that can be used throughout their life, no matter their background. This knowledge will keep them safe around the water and enrich their opportunities to engage in water-related activities and play.

**Summer WATER SAFETY**

To enjoy the water safely and make the right call...

- ENTER SLOWLY AND CAREFULLY
- STAY WITHIN REACH
- ALWAYS BE SUPERVISED

**In an emergency...**

- CALL 999
- IF YOU'RE IN TROUBLE FLOAT AND CALL FOR HELP



## RLSS WATER SAFETY ADVICE



It is vital that the whole family knows basic water safety and what to do if they find themselves in the water unexpectedly. Fatal and devastating drowning incidents typically increase as children come into their later teens, especially in males. It is also a time for young people to look for adventure and so learning how to enjoy the water safely provides confidence, resilience and opens up more opportunities.

With Drowning Prevention Week around the corner, the RLSS have produced a range of educational resources. There is a really informative video titled 'Drowning, Don't Let It Be You' and we would encourage you to have a look at these with your child. <https://www.rlss.org.uk/>

The following Summer Water Safety Guidance provides valuable advice in keeping safe in and around water during the summer months and the National Water Safety Code provides 4 simple messages which could potentially save a life:

### Summer WATER SAFETY

To enjoy the water safely and make the right call...

- ENTER SLOWLY AND CAREFULLY
- STAY WITHIN REACH
- ALWAYS BE SUPERVISED

**In an emergency...**

- CALL 999
- IF YOU'RE IN TROUBLE FLOAT AND CALL FOR HELP

### Summer WATER SAFETY

#### BEACH FLAGS

The beach flags are deployed by the Beach Lifeguards in protected areas to provide guidance on the water and the wind conditions. The flags also inform beach users where the swimming and water sports areas are located.

- RED AND YELLOW LIFEGUARDS ON DUTY**  
Between the flags is the safest place to swim.
- RED DANGEROUS AREA**  
Lifeguards are not watching this area. Do not swim here.
- BLACK AND WHITE WATER SPORTS AREA**  
Do not swim here.
- ORANGE WINDSOCK SHOWS THE DIRECTION AND STRENGTH OF THE WIND**  
Direction of winds blowing out to sea.

**#ENJOYWATERSAFELY**

For more information visit [www.rlss.org.uk/](https://www.rlss.org.uk/)

### ALWAYS FOLLOW THE WATER SAFETY CODE

Whenever you are around water:

- STOP AND THINK**  
Take time to assess your surroundings. Look for the dangers and always respect lifeguards' knowledge and advice.
- STAY TOGETHER**  
When around water always go with friends or family. Don't get drunk or do anything stupid.

**In an emergency:**

- CALL 999**  
Ask for the Fire and Rescue Service when inland and the Coastguard if at sea. Equip yourself with the water to rescue.
- FLOAT**  
Call for help. Don't panic. Stay calm. Stay together. Stay afloat. Stay safe.

Enjoy Water Safety

www.rlss.org.uk  
112 www.rlss.org.uk

## Summer water safety

Accidents are mostly preventable with the correct knowledge and judgment and here are our tips to staying safe in the water during the summer:

To enjoy the water safely and make the right call...

- **Enter slowly and carefully**  
Think carefully about your ability to splash or swim in cold outdoor water. 49% of those who lost their life were classified as swimmers\*. Are you really a good swimmer?
- **Stay within reach**  
Don't go too far and stay within a standing depth.
- **Always be supervised**  
Over 70% of fatal accidents occur in the absence of professional supervision. Seek life guarded areas and always make sure some one is available to raise the alarm.

Summer is an amazing time to enjoy our beautiful waterways but we must be mindful that warmer weather is directly linked to an increase in fatal drowning incidents.

Rivers and Lakes/Lochs pose the greatest statistical risk as there are often hazards that the average person is equipped to handle and there is a lack of professional supervision.

### In an emergency...

- **Call 999**  
If you are at the coast, call 999 and ask for the Coastguard. Don't enter the water to rescue.
- **If you're in trouble FLOAT and call for help**  
Fall in or become tired – stay calm, float on your back and call for help. Throw something that floats to somebody that has fallen in.



STOP AND THINK



STAY TOGETHER



CALL 999



FLOAT



# PTA and Community News

We're committed to helping you on your fitness journey.

Find out what we can do for you with a

**Free 7 DAY TRIAL OF OUR GYM & CLASSES\***

Book your no-obligation tour online at [bishamabbeynsc.co.uk/nsc/trial](http://bishamabbeynsc.co.uk/nsc/trial)



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 **Bisham Abbey National Sports Centre**  
Bisham Village, Marlow Road, Bisham, Marlow  
SL7 1RR Tel: **01628 476911**

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\*T's & C's apply. See website for more details.